

# ACCELERATED ASCENSION

AUGUST 7-14

*Costa Rica*





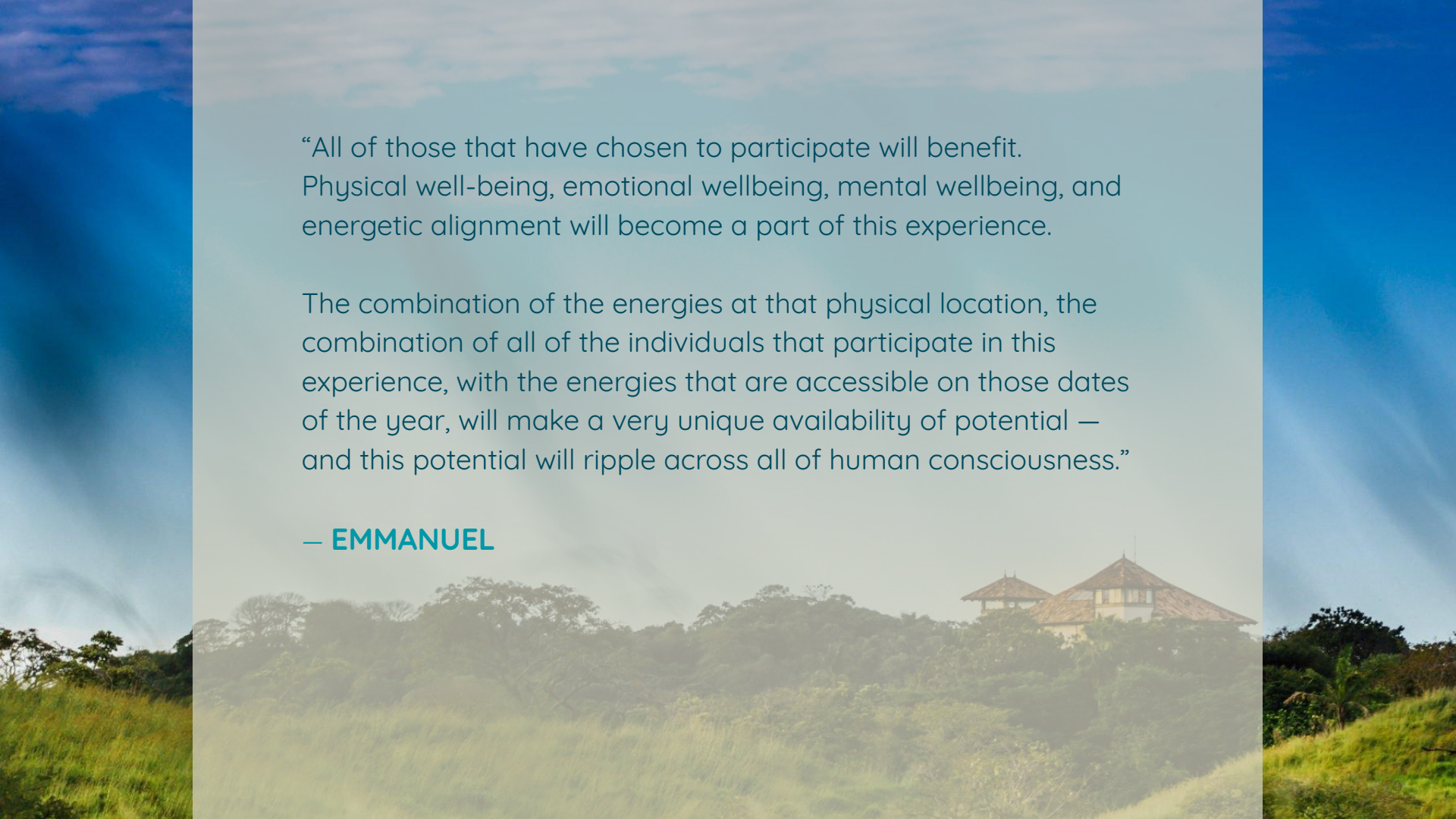
## JOIN US FOR AN EPIC ADVENTURE

We invite you to join us for this **7-day all-inclusive exploration** into the depths and expansion of our beings, live, in person, in Costa Rica, from a luxury retreat center in a lush tropical forest, perched on a hilltop, overlooking a white sand beach and the Pacific Ocean.

**Jules** and **Prageet** of the Stargate Experience, and **Asil**, along with a team of facilitators from the Ascension One Collective, will be hosting you **August 7-14, during the Lion's Gate celestial phenomenon**, for a retreat experience we are calling "Accelerated Ascension."

The guides share that the unique time of this celestial phenomenon, combined with the network of energetic bridges that exist in Costa Rica created prior to the creation of humanity, will work together to amplify the energy of the transmissions.



The background of the slide is a scenic landscape. It features a bright blue sky with some light clouds. In the foreground, there are green hills with tall grass. In the middle ground, there is a dense forest of green trees. On the right side of the forest, a building with a traditional tiled roof is visible, partially obscured by the trees. The overall atmosphere is peaceful and natural.

“All of those that have chosen to participate will benefit. Physical well-being, emotional wellbeing, mental wellbeing, and energetic alignment will become a part of this experience.

The combination of the energies at that physical location, the combination of all of the individuals that participate in this experience, with the energies that are accessible on those dates of the year, will make a very unique availability of potential — and this potential will ripple across all of human consciousness.”

— EMMANUEL

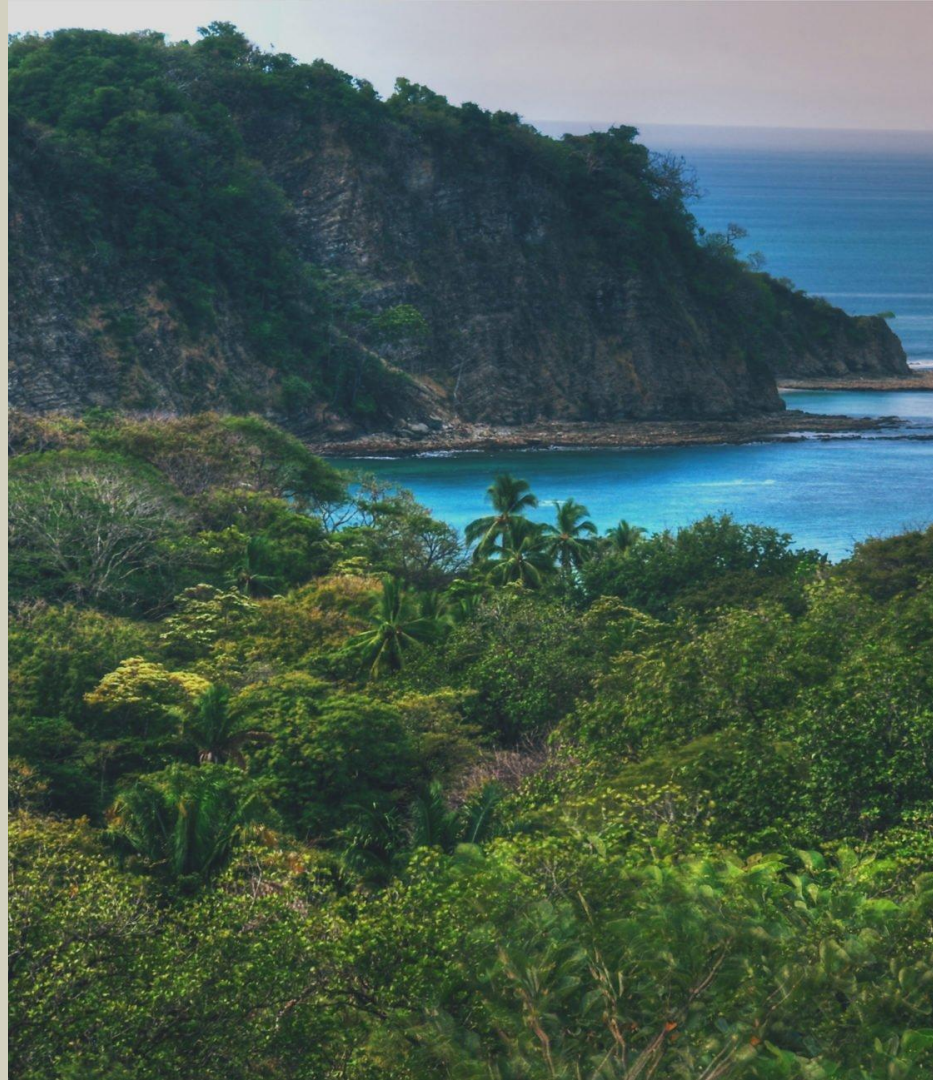


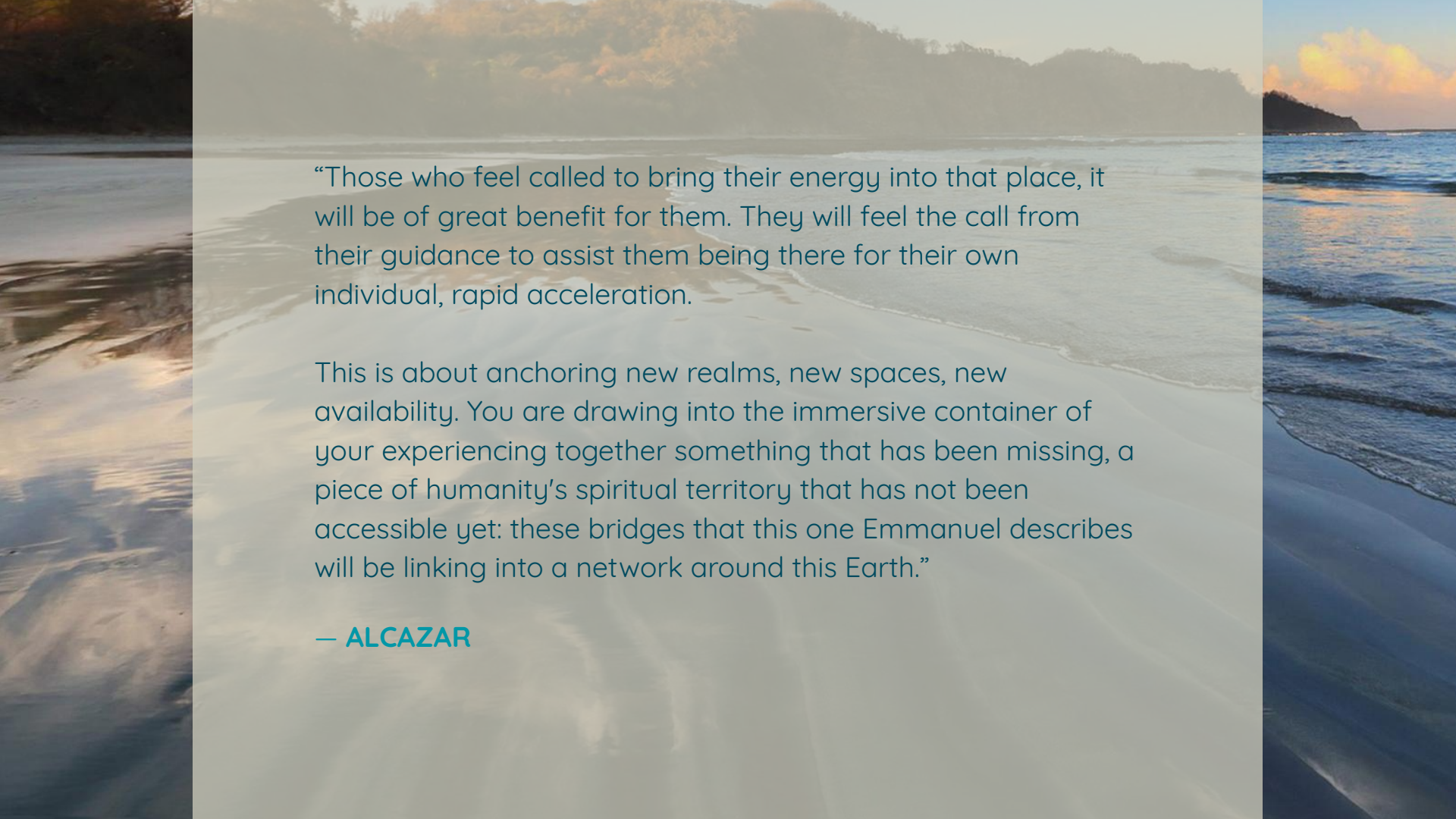
## BLUE SPIRIT LIVES WITHIN A ZONE OF LONGEVITY

Blue Spirit Costa Rica Retreat Center is perched on a hilltop overlooking the Pacific Ocean and a three-mile long white sand beach that is protected as a turtle refuge.

Blue Spirit is located in one of the world's [“blue zones”](#) which inspired the name Blue Spirit. While visiting Blue Spirit, you will feel the resonance of a vibrant, inspiring, and healing energy, because of the rich subtropical environment, and the cultural lifestyle.

“Blue Zones” is a concept used to identify a geographic area of the world where more people live to be centenarians (past 100 years) than anywhere else in the world. One of the **world’s longevity hotspots** is the Nicoya Peninsula, Costa Rica, where the Blue Spirit retreat center is located. Scientists and demographers have classified these longevity hotspots as having common healthy traits and life practices that result in higher-than-normal longevity.





“Those who feel called to bring their energy into that place, it will be of great benefit for them. They will feel the call from their guidance to assist them being there for their own individual, rapid acceleration.

This is about anchoring new realms, new spaces, new availability. You are drawing into the immersive container of your experiencing together something that has been missing, a piece of humanity’s spiritual territory that has not been accessible yet: these bridges that this one Emmanuel describes will be linking into a network around this Earth.”

— **ALCAZAR**



**Prageet Harris**, an internationally known channel, has for over 30 years worked with his guide Alcazar and their creation, the Stargate – an interdimensional doorway facilitating healing on all levels, DNA reactivation, and the awareness of one's Quantum Self.

**Julieanne Conard** joined the Stargate project in 2012, and became a partner in the Stargate Experience after discovering a profound connection with the Stargate's guide Alcazar, who has assisted her in accessing and teaching a source energy of self-healing and self-love known as The Essence of Life.

Together Prageet and Julieanne have shared **The Stargate Experience** with many thousands of people in different countries around the world.

The Stargate is an interdimensional doorway - a geometric structure that emits a powerful conscious energy, an energy that can move participants into a deep meditative space within moments. This sacred geometric structure creates a high vibrational energy field which allows participants to actually feel the guides and the beings from the higher dimensions that are invited to join us. As we are touched by the energy of the Ascended Masters, the Angelic Realm, and many benevolent beings from around our universe, our vibration starts to resonate with theirs and incredible awakenings are possible - with ease and grace!







**Asil Toksal** is an Austrian-born channel and healer. His work includes group energy healing sessions and the channeling of celestial and angelic guides, as well as working on the energetic alignment of sacred sites and earth energies. The goal of both aspects of this work is to assist in the evolution of consciousness in humanity. He has traveled widely to do this work, throughout the United States, Europe, Asia, and the Middle East.

For the past nineteen years, Asil has been deeply committed to a spiritual path while also training in a variety of different energy healing modalities. He has worked with many masters and received initiations by lineage holders of various traditions in South America, North America, and China. In his earlier years he also served as a CEO and corporate executive in software, marketing, and communications.

Six years ago, during a moment of deep spiritual experience, Asil connected for the first time to the channeled angelic guides and energies that he works with today. It created a connection that allowed him to begin to receive and transmit energy, as well as spoken wisdom from these angelic and celestial realms. This connection forms the basis of his work.

## WHAT'S INCLUDED

- **Six Days of In-Person Workshop Sessions.** Join Asil, Prageet, Julieanne, the Guides and a small group of participants for an intensive exploration into Accelerated Ascension.
- **Three Gourmet Vegetarian Meals Per Day.** A few times each week Blue Spirit will serve fresh, locally caught fish. The daily lunch and dinner buffet includes a pure food option, which offers greens, grains, and legumes without oils or seasonings. They purchase the food from local farmers and organic produce when available.
- **Seven Nights of Accommodation.** There's a room type for everyone at Blue Spirit. [Check out all your options online](#) before booking here on the Ascension One Collective website.
- **Amenities.** Multiple complimentary amenities are offered for your convenience and enjoyment. These include:
  - Complimentary wireless internet throughout the main building
  - A saltwater infinity pool with views of the mountains and the jungle
  - Access to Guiones Beach





## WHAT'S NOT INCLUDED

- **Airfare, Transfers and Departure Tax**

It is recommended to fly into Liberia (LIR). Blue Spirit offers multiple, scheduled group shuttle transfers from/to Liberia on Saturdays for 60 USD + 13% tax per person each way. Please [click here](#) for those details and to reserve your shuttle or private taxi directly with Blue Spirit. Shuttle arrivals are 12pm-4pm and 7pm-8:30pm. Shuttle departures are 4am - 11am.

**To Nosara Airport (NOB):** An alternative option is to take a 40-minute short domestic flight between San Jose and the Nosara airport (20 min. taxi from Blue Spirit). A taxi costs approximately 20 USD and is paid directly to the driver.

**To San Jose (SJO):** You may reserve your own rental car to drive from San Jose (SJO) to Blue Spirit. However, a car is not needed during your stay. Blue Spirit recommends online bookings with [National](#), as this car rental agency allow one-way rentals for you to drop off your vehicle in Nosara. The cost of a one-day rental car with drop off in Nosara is usually around \$100.

There is a \$29 departure tax payable at Liberia and San Jose airports. It is paid at the time of departure with US dollars, Costa Rican Colones or with a credit card.

## WHAT'S NOT INCLUDED

- **Travel Insurance and Country Admittance Requirements**

We suggest you learn more in the following [Official Statement about the Medical Travel Insurance and about the Health Pass form](#) that you need to fill-out within 48 hour of your arrival date. You will be required to purchase travel insurance for medical expenses and may also choose to add coverage in case you need to cancel (including “cancel for any reason” coverages). Please review policies carefully to choose the coverage you need.

- **COVID Testing - RT-PCR Covid Test 72-hour prior arrival date**

Blue Spirit is instituting the requirement of COVID testing – whereby anyone arriving needs to either show a Negative COVID test during the 72 hours before flying here – or Blue Spirit can administer a test upon arrival – either of which is mandatory. The Rapid test there can be done conveniently on-site at Blue Spirit at a cost of \$60. [Click here](#) to find your nearby testing location.

- **Excursions**

There is so much you can enjoy near Blue Spirit when you are not in your yoga or meditation class. There are fabulous activities for guests who like to venture further! Once you arrive at Blue Spirit Costa Rica, the front desk staff is more than happy to assist you in booking your preferred excursions.

## WHAT'S NOT INCLUDED

### Additional Amenities

- **The Spa and Longevity Center:** Guests are given the opportunity to learn and experience the multi-faceted aspects of self-care that encourage a long, healthy and vibrant life. Enjoy a variety of massage and therapeutic services.
- **Blue Spirit Café:** Additional drink and food choices are available throughout the day. Blue Spirit Cafe offers smoothies, fresh coconut water and juices, as well as, fine coffee, raw food snacks and French pastries.
- **Blue Spirit Store:** For everything from sunscreen to gift items the Blue Spirit Store has all your needs covered.



## ROOM OPTIONS

Click on the room names for more details. All rooms are subject to limited availability.

**SUPERIOR OCEAN VIEW** — \$2,145 (Single) / \$1,445 (Double)

**OCEAN VIEW** — \$1,845 (Single) / \$1,295 (Double)

**MOUNTAIN VIEW** — \$1,695 (Single) / \$1,195 (Double)

**PACIFICO COTTAGE** — \$1,7745 (Single) / \$1,195 (Double)

**NATURE SUITE** — \$1,595 (Single) / \$1,095 (Double)

**HERMITAGE SINGLE** — \$1,195 (Single) / \$975 (Double)

**HERMITAGE TWIN** — \$1,195 (Single) / \$975 (Double)

**ECO COTTAGE** — \$995 (Single) / \$750 (Double)

**WE LOOK FORWARD TO THE ADVENTURE WITH YOU!**

Please reach out with any questions to [christel@ascension.one](mailto:christel@ascension.one)



## IN-PERSON SCHEDULE\*

		<u>BEGIN</u>	<u>END</u>
<b>Saturday</b>	August 7	7:00 PM	8:00 PM
<b>Sunday</b>	August 8	8:30 AM	1:00 PM
<b>Monday</b>	August 9	8:30 AM	1:00 PM
<b>Tuesday</b>	August 10	<b>FREE TIME</b>	
<b>Wednesday</b>	August 11	8:30 AM	1:00 PM
<b>Thursday</b>	August 12	8:30 AM	1:00 PM
<b>Friday</b>	August 13	9:30 AM	12:00 PM
<b>Saturday</b>	August 14	<b>DEPART</b>	

\* All times Mountain (same as Pacific) time.

\* Potential for additional evening gatherings during the week.

\* Saturday and Friday sessions are exclusive to in-person retreat participants.



## COST AND CANCELLATION POLICY

- Accelerated Ascension has two pricing components. The base price is \$1555 USD per person for the workshop. Additionally, room and board pricing starts at \$750 USD and increases depending on your room and occupancy selection.
- In case of cancellation, you may transfer your reservation to another person as long as you notify the Accelerated Ascension team. In the event that Ascension One Collective can find a participant to take your place, you will receive a refund (minus \$250).

If the venue cannot accept visitors due to COVID-19, participants will be offered an alternative set of dates and the Accelerated Ascension team will work with the highest integrity to transfer or return your investment depending on the options available.

Due to contractual obligations to our venue there can be no exceptions to this policy.

**WE LOOK FORWARD TO THE ADVENTURE WITH YOU!**

Please reach out with any questions to [christel@ascension.one](mailto:christel@ascension.one)